Untangling the Truth: Coordinating systems and lived experience for CHANGE





AMOUNT OF PARTICIPATION

Harris County Youth Collective

Kelly Opot, Executive Director





GETTING MORE CREATIVE
TO GET WORK DONE

WENT ON A
HIKE WITH

DEPHNED 63 IN

DETAINED

ADULT

CWOP

RUNAWAY

CWOP CWOP

RUNAWAY

Agenda and Objectives

- ✓ Introduce Harris County Youth Collective and our work
- ✓ Outline our evolution of collaboration and integration of lived experience within HCYC
- ✓ Describe the progress and changes to systems working with Dual Status Youth
- ✓ Share the success and ongoing gaps in serving youth
- ✓ Identify ways that you can support the needs of Dual Status Youth
- ✓ Provide recommendations on how to integrate lived experiences into your work

Understanding Dual Status Youth

A Story and a journey

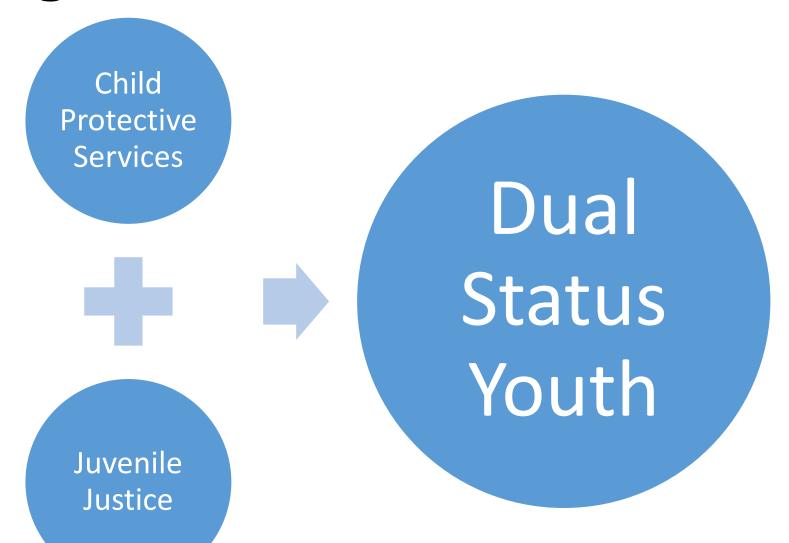


Storytelling

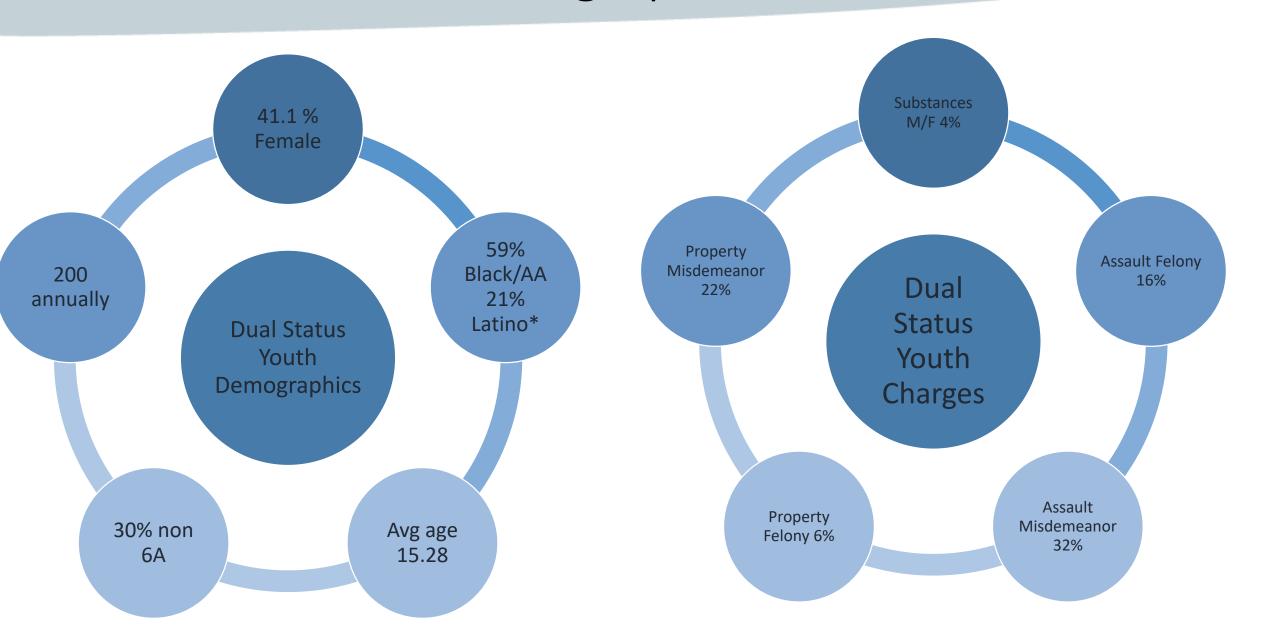
"It's a huge accomplishment. Also a huge weight, To expose yourself like that is so painful."
"Emotionally, it does a horrible job on my psyche."

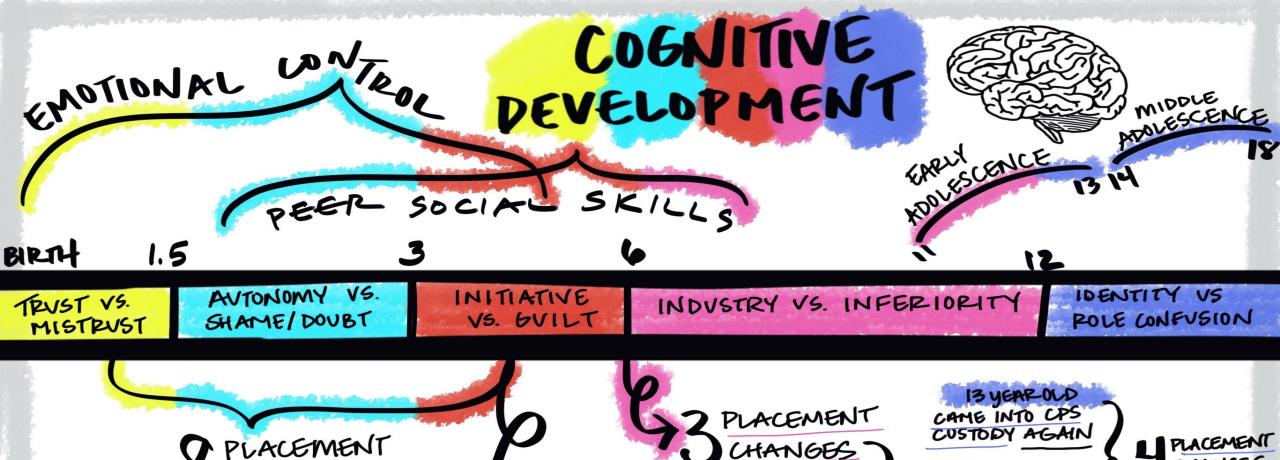
--C.T. Wilson, Maryland representative
On sharing his story of abuse to encourage legislation

Defining Dual Status Youth



Dual Status Youth Demographics







1 YEAR OLD CAME INTO CPS CUSTODY

5 YEARS OLD 15x psychiatric HOSPITALIZATION

6 YEARS OLD 2ND PSYCHIATRIC HOSPITALIZATION

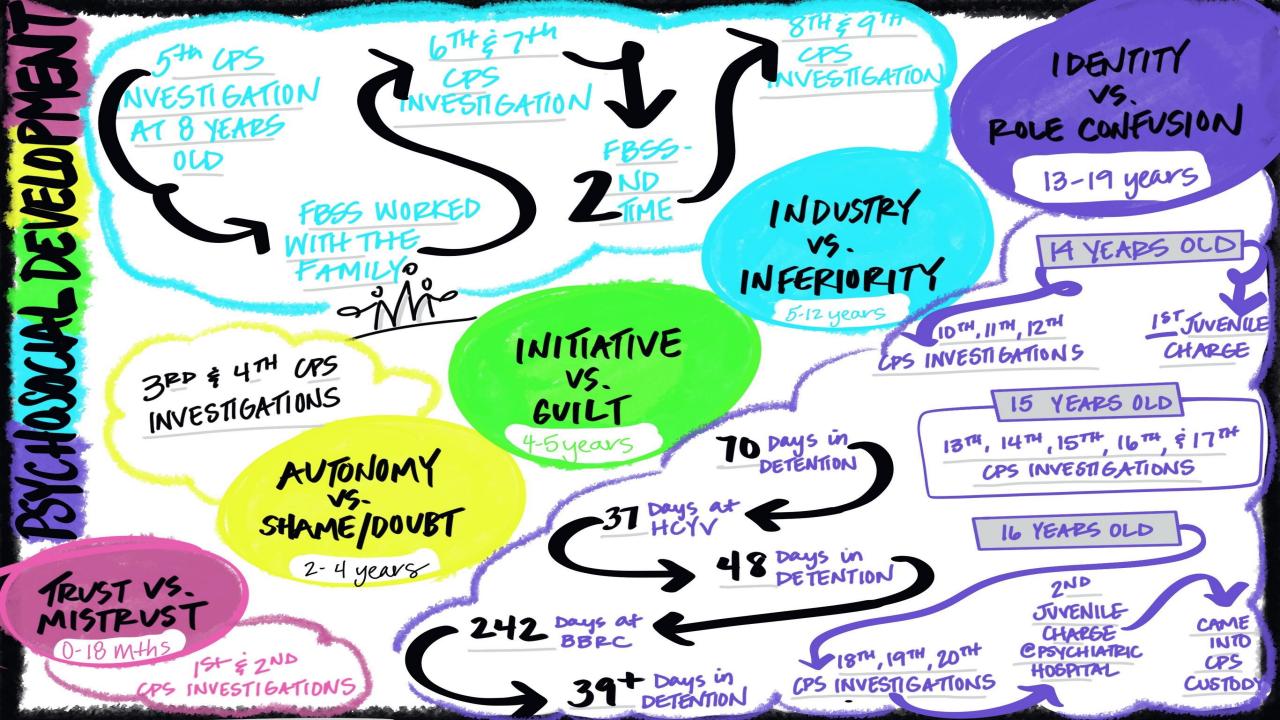
MMMM PELATIVE & WWW

CHANGES

14 YEARS OLD 154 JUVENILE CHARGE

> 16 YEARS OLD DID NOT COMPLETE PROBATION

PECEIVED TWO SENTENCE



EDUCATIONAL IMPACTS

mmm PROM

CHILD STARTS SCHOOL

STAAR TES1

CHILD MOVES TO MIDDLE SCHOOL

CHILD MOVES TO HIGH SCHOOL

COLLEGE TOURS



IST CPS INVESTIGATION AT 3 YEARS OLD

CHANGED SCHOOLS

> 9 YEARS OLD TAKEN INTO CPS CUSTODY

SCHOOL CHANGES PLACEMENT CHANGES

2 SCHOOL CHANGES

> PLACEMENT CHANGES

> > 1 ST JUVENILE CHARGE

> > > SCHOOL CHANGES

PLACEMENT CHANGES

14 YEAR OLD ADOPTED

2ND JUVENILE CHARGE

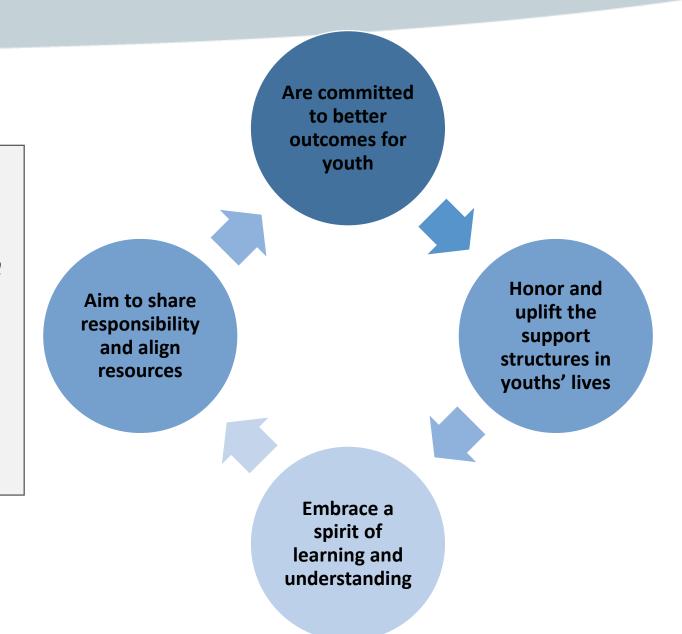
16 YEAR OLD COMES BACK INTO CPS CNSTODY

PLACEMENT CHANGES

APPESTED 4 DAYS AFTER 17TH BIRTHDAY

Overview

Our vision is that all dually-involved youth can thrive in the areas of wellness, education, and transition to adulthood. In support of this vision, we aim to create an aligned and data-driven system that is inclusive of families and caregivers, committed to equity, and responsive to youths' individualized needs



Focus Areas and Strategies

Capacity Building



Cross-system training, peer networks, organizational leadership

Data Sharing and Evaluation

Create publicly available data, develop long term collection process, evaluate progress

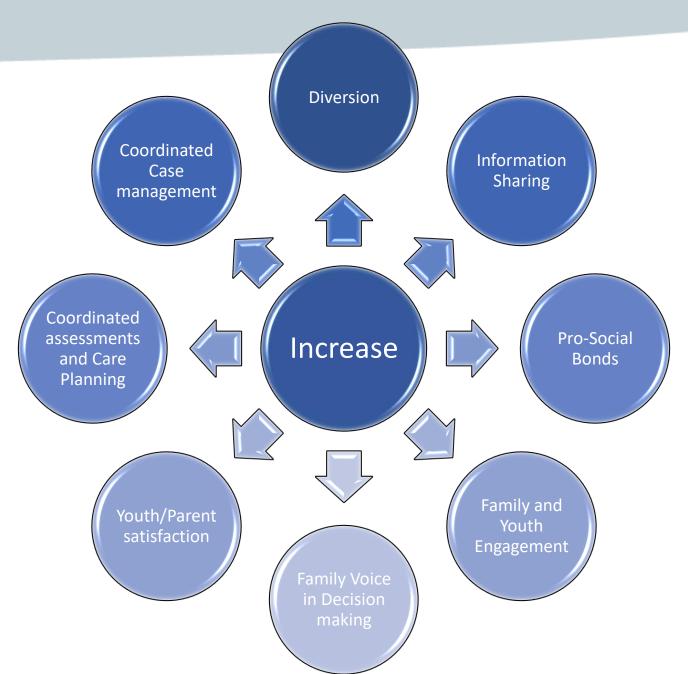


Youth and Community Collaboration



Integrated youth employment, community building and leadership

OUR GOALS



Timeline

August 2017: June 2019: January September May 2016: May 2018: First YAB, YAB February **August 2018:** October September January 2020: 2020: 4 YCS **Dual Status** CYPM staff Youth and 2017: began becomes 2019: Data 2020: Youth 2017: Staffed Awarded 3 hired and **Task Force** implementat dedicated in developmen Community Youth and analyst for organizing initiative onboard years Created ion begins t of CYPM **DFPS** and PM Community HCJPD award funding virtually HCJPD specialist

DEFINING COLLABORATION



System Level Community Level

All levels, all the time





Levels of engagement and practice – lived experience

Tokenizing

- Asked only about experiences as a youth
- Asked to share experience but not make decision
- Being the only or one of a few
- Told what to say and do

Inviting

- Creating a space physically, not an environment
- Giving limited information on their purpose
- Expecting to "fit"
- Questioning expertise

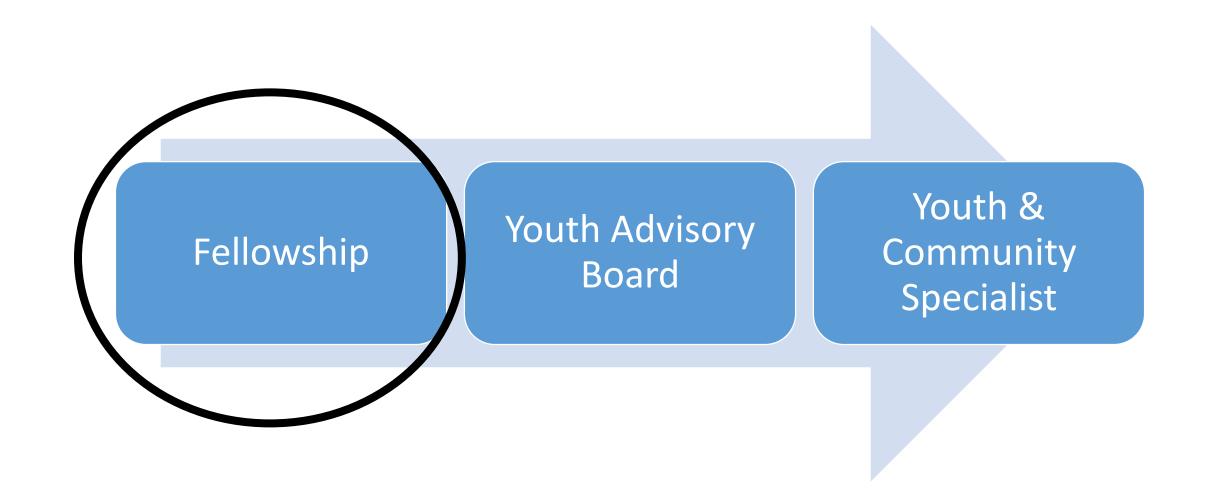
Including

- Asking to help build an idea
- Creating a welcoming and affirming environment
- Supporting learning and development

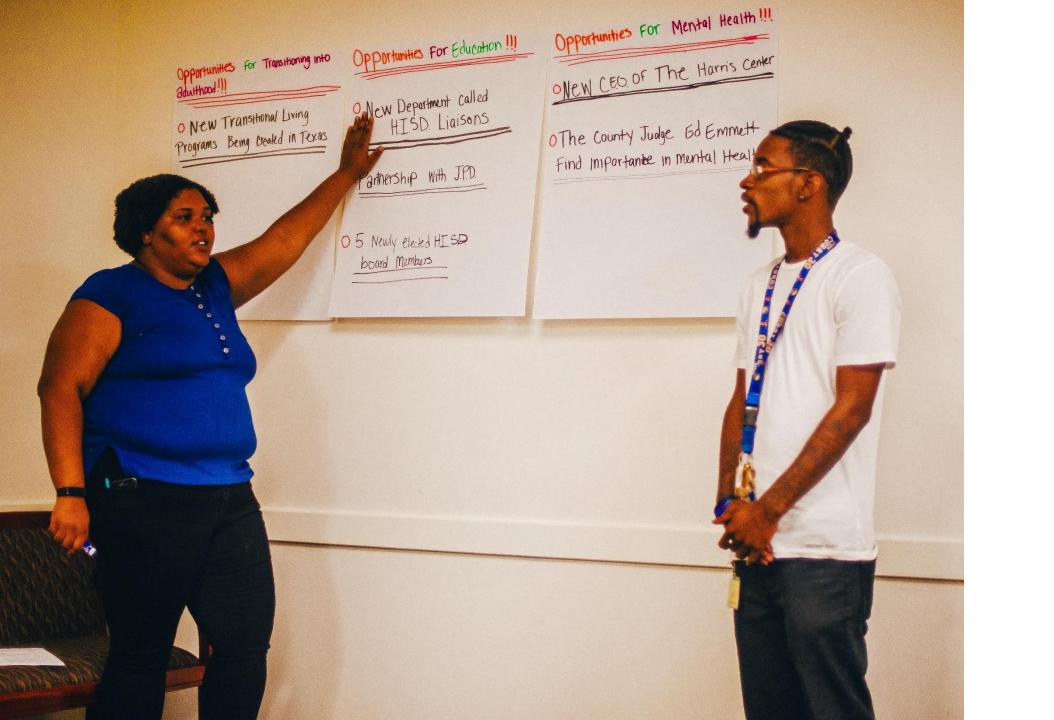
Collaborating

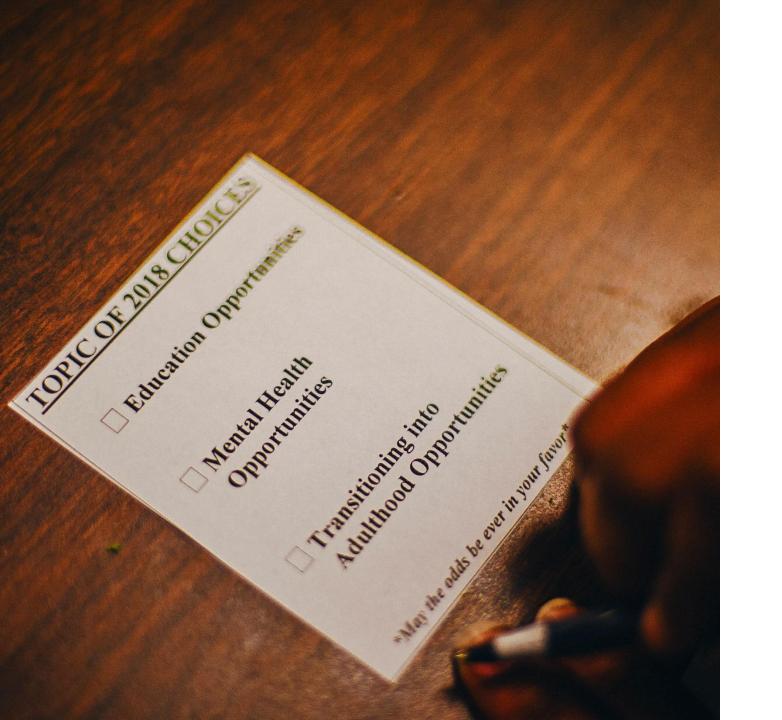
- Sharing power in decision making
- Providing opportunities
- Compensating fairly
- Honoring experience as expertise
- Investing in growth

Evolution of HCYC Youth Work





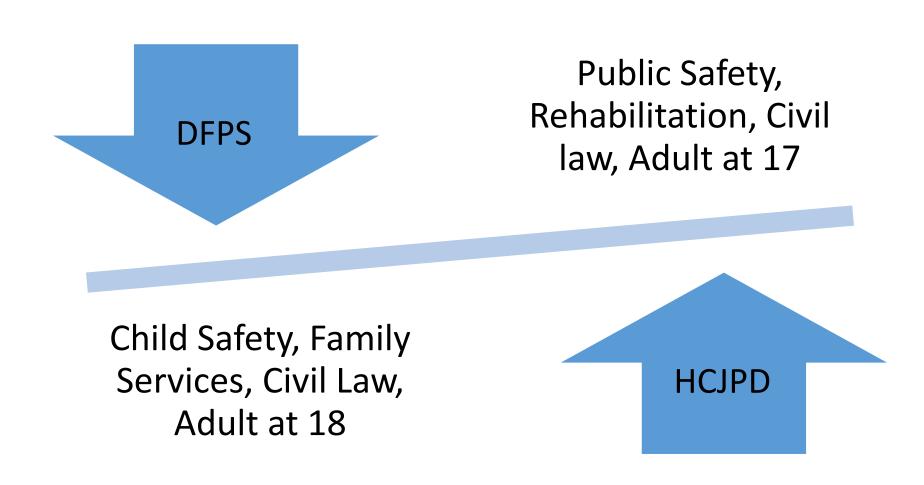




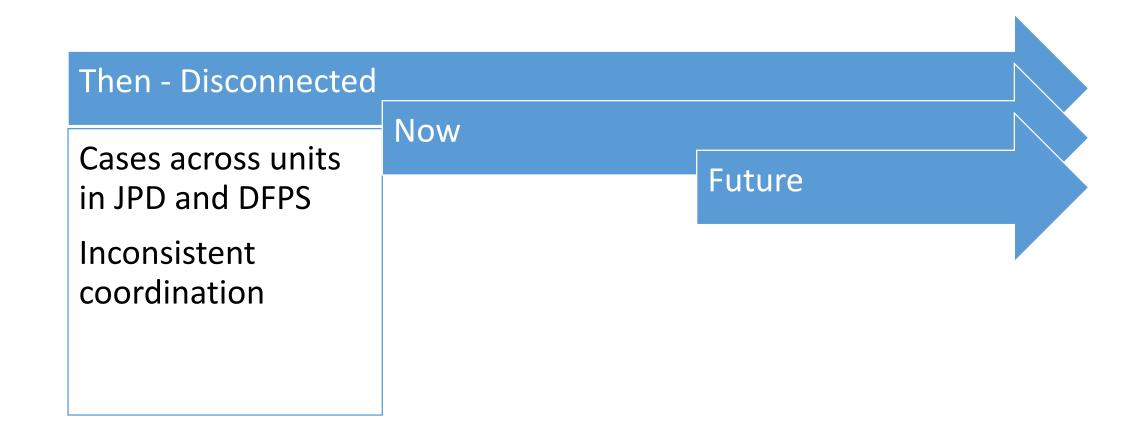
Evolution of HCYC Systems work



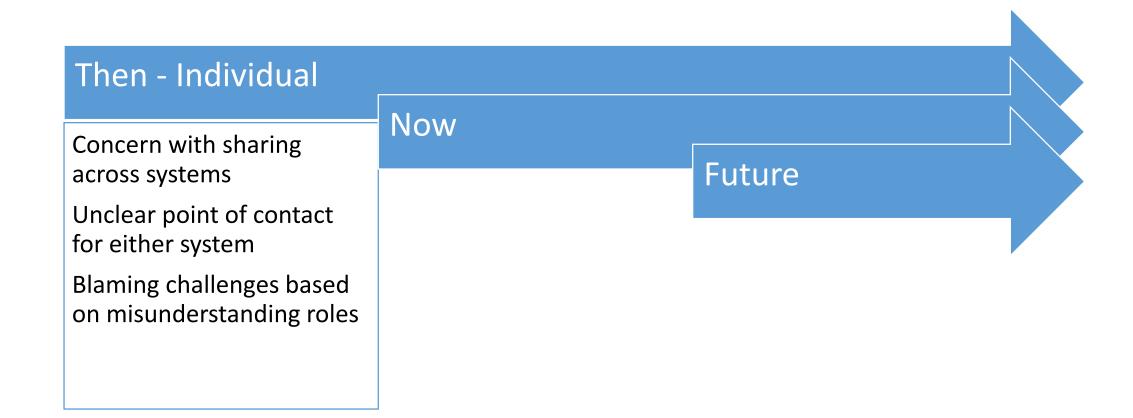
Two Systems: Different Roles



System work



Case work



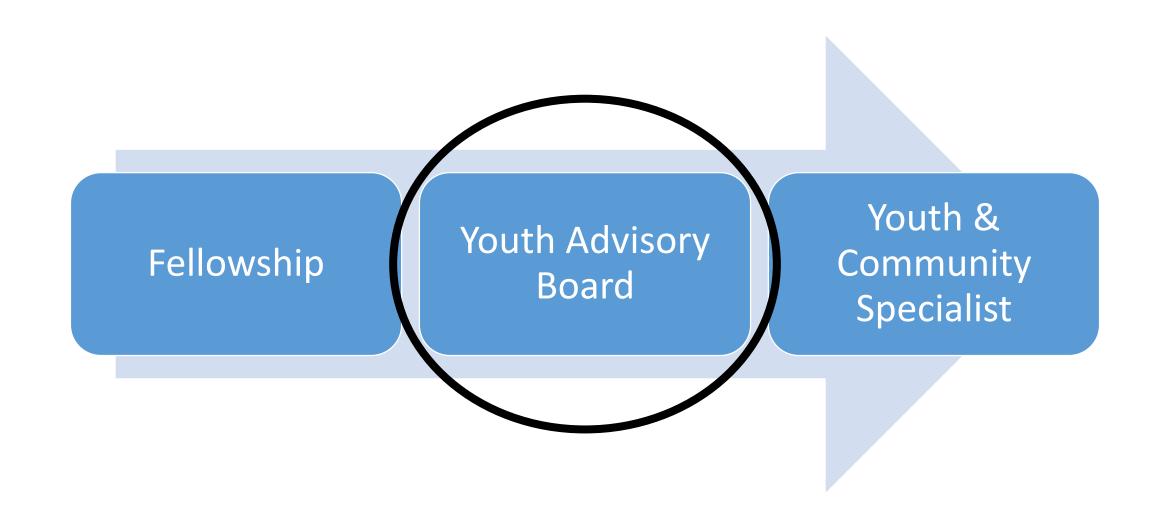
Services



Process for change



Evolution of HCYC Youth Work





Youth Advisory Board - Evolution

Youth Fellowship Program

A part-time leadership development opportunity for 2-3 dual status youth, in which they would:

- Serve on the Steering Committee and Working Groups
- Co-develop and execute the youth outreach strategy
- Receive supervisory and coaching support
- Be "hosted" by a youth-serving organization

Youth Outreach Strategy

A strategy of engaging non-fellows with lived dual status experience, that would:

- Incorporate the perspectives of a diverse set of dual status youth (i.e., lived mental health experience, homelessness, LGBTQ youth)
- Tap into trust and relationships of existing youth-serving organizations
- Facilitate youth co-creation and vetting of the initiative's strategies

Meeting structure and goals

Professional Development

- Educate members on DS issues, processes
- Guest speakers from Steering Committee
- Developing skills/trainings
 - Professional Speaking
 - Organizing: Power Mapping, Phone Banking, Rap Practice
 - Court Observations

Personal Development

- Employment (Resume Building, Mock Interview)
- Financial Literacy (Investing, Insurance, Car Shopping, Credit)
- Documents and Identification

YAB new structure

Monthly Stipend

Compensated for Public Speaking

Therapy and Counseling Services

Gym Membership

Transportation assistance

Legal Representation

Driver's License /Reinstatement/ Surcharge

Professional Attire

Resources for Personal Needs

Membership Package









CREATING COMMUNITY

DEVELOPING SOLUTIONS AND REALIGNING RESPONSIBILITIES WITH RESIDENTIAL TREATMENT CENTERS

HARRIS COUNTY YOUTH COLLECTIVE January 16th | 6-8 pm Greater Ward AME Church 6822 Arabella Houston Tx 77091

For info contact Dieter Cantu (210) 273-4062

HARRIS COUNTY YOUTH COLLECTIVE

HEALING OUR YOUTH

COMMUNITY GIVEBACK AND FEEDBACK



GARDEN CITY APTS

2611 Garden City Dr Houston Tx 77088

2-17-19 Sunday Friday 5-7 PM

- . FREE FOOD
- REFRESHMENTS
- . RAFFLE/PRIZES
- . DIALOGUE
- · COMMUNITY

CONTACT DIETER CANTU (210) 273-4062



CREATING COMMUNITY

DEVELOPING SOLUTIONS AND REALIGNING RESPONSIBILITIES WITH RESIDENTIAL TREATMENT CENTERS

HARRIS COUNTY YOUTH COLLECTIVE

March 19th, 2019

For info contact Dieter Cantu (210) 273-4062



Evolution of HCYC Systems work



System work

Then - Disconnected

Cases across units in JPD and DFPS

Inconsistent coordination

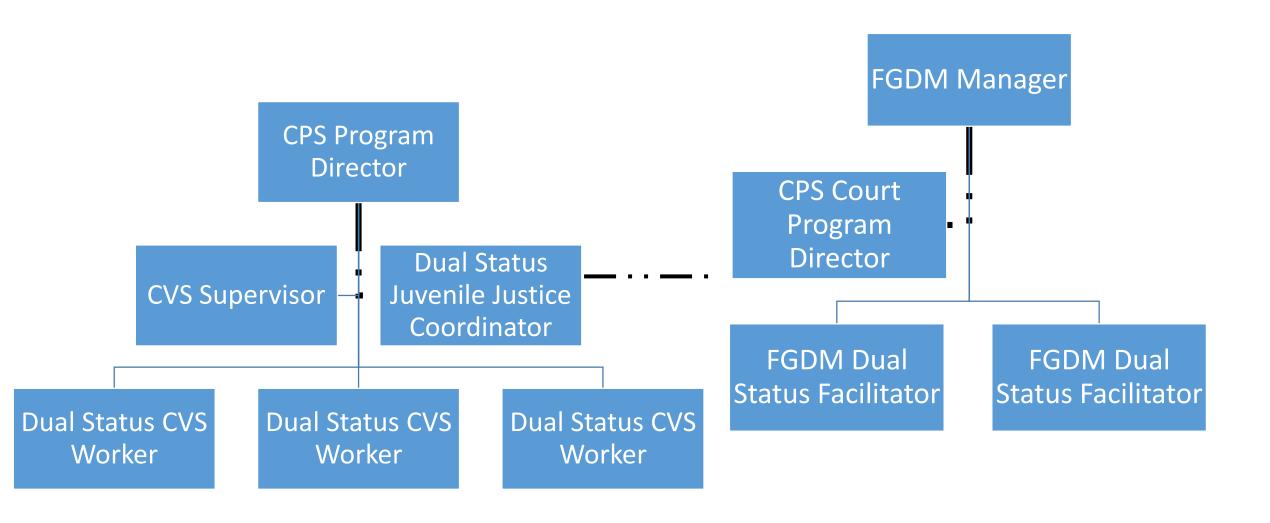
Now - Connected

Dedicated staff/units within DFPS and HCJPD

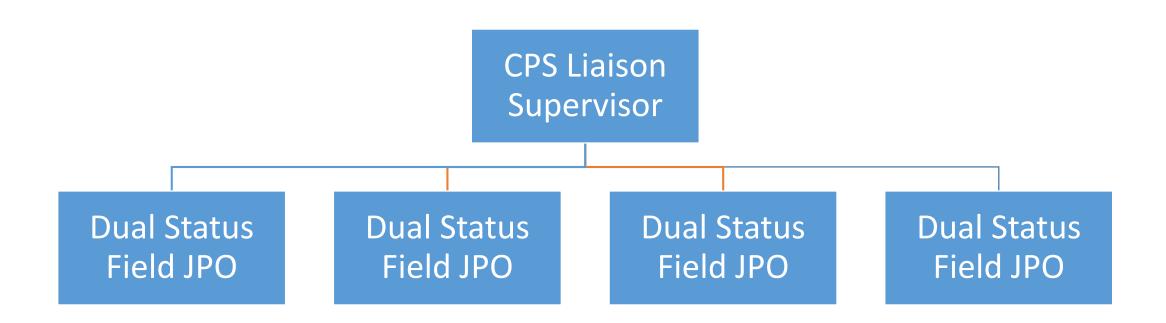
Information shared and tracked across different domains

Future

Dual Status Teams – DFPS



Dual Status Teams – HCJPD



Case work

Then - Individual

Concern with sharing across systems

Unclear point of contact for either system

Blaming challenges based on misunderstanding roles

Now - Shared

Coordinating of services

Sharing assessments/ psychological evals

Understanding of each systems roles and responsibilities

Services

Then – Disjointed support

Attorneys and caseworkers operating in silos

Conflicting orders

Long detention stays

Limited diversion

Now – Strategic Support

Dedicated attorneys and guardians ad litem

Coordinated placement

Increased diversion

Process for change

Then – System Led

Driven by traditional leadership

Limited to state and local policy requirements

Now – Experience Included

Including lived experience in developing policies and connecting with youth

Developing specialized practice for attorneys and advocates

Case work

Then - Individual

Concern with sharing across systems

Unclear point of contact for either system

Blaming challenges based on misunderstanding roles

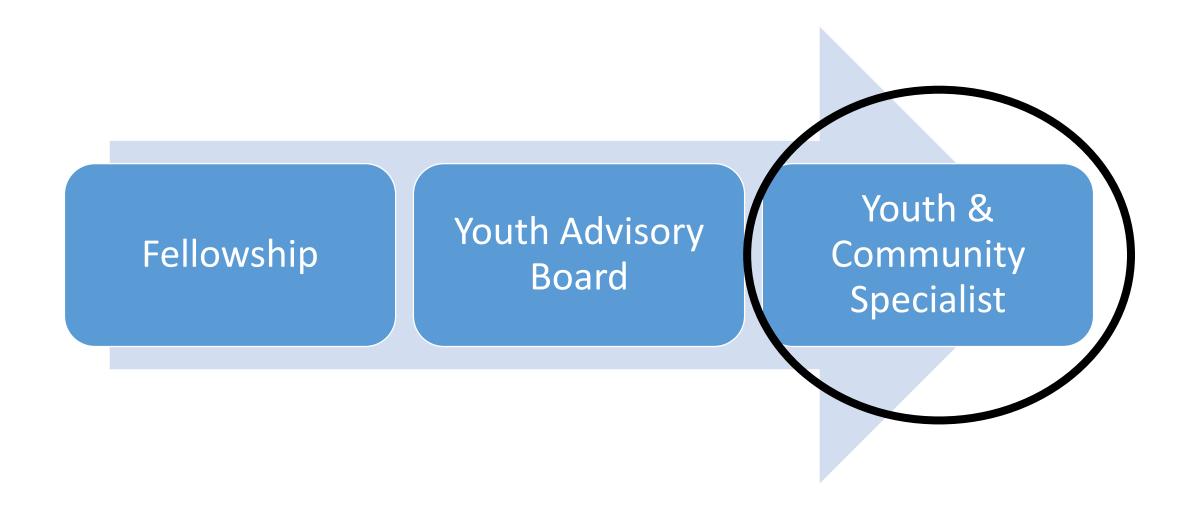
Now - Shared

Coordinating of services

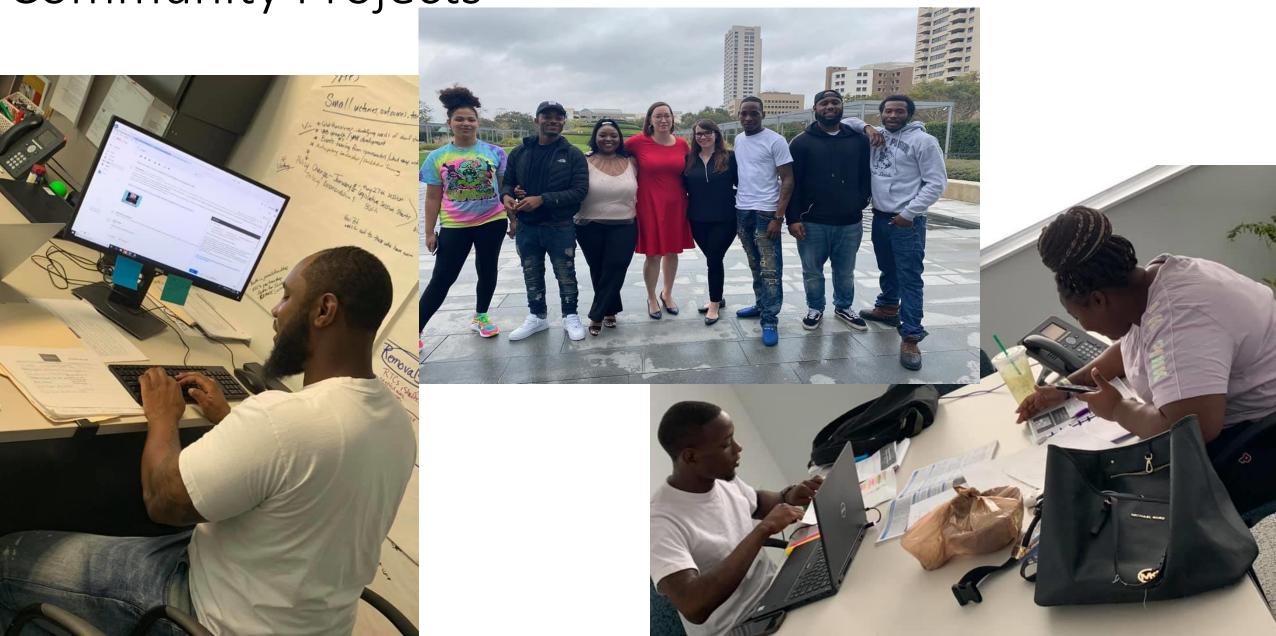
Sharing assessments/ psychological evals

Understanding of each systems roles and responsibilities

Evolution of HCYC Youth Work



Community Projects







COMMUNITY FEEDBACK





Working Groups



2020....







Lessons learned

Look at the make up of supporting organizations

Create different spaces

Support development of new ideas

Power in numbers

Recruitment – what you need to know

Traditional hiring practices and policies may create barriers and challenges

Beware the "superstar"

Natural networks, build trust and power within

Supporting Youth and Young Adults

Flexibility

- Scheduling
- Transportation
- Personal Needs

Mentoring

- Developing existing experience
- Supporting non-work needs
- Listening

Investing

- Professional development
- Travel
- Benefits

Creativity

- Plan together
- Build trust and connection
- Communication

Evolution of HCYC Systems work

Individual **Dedicated Teams** Specialized and leadership programming positions

System work

Then - Disconnected

Cases across units in JPD and DFPS

Inconsistent coordination

Now - Connected

Dedicated staff/units within DFPS and HCJPD

Information shared and tracked across different domains

Future - Integrated

Shared data systems

Real time identification and support

Case work

Then - Individual

Concern with sharing across systems

Unclear point of contact for either system

Blaming challenges based on misunderstanding roles

Now - Shared

Coordinating of services

Sharing assessments/ psychological evals

Understanding of each systems roles and responsibilities

Future - Aligned

Joint assessments and outcomes

Continuous quality improvement

Services

Then – Disjointed support

Attorneys and caseworkers operating in silos

Conflicting orders

Long detention stays

Limited diversion

Now – Strategic Support

Dedicated attorneys and guardians ad litem

Coordinated placement

Increased diversion

Future – Community Support

Contracting with community providers to keep kids in communities

Specialized home based placements

Process for change

Then – System Led

Driven by traditional leadership

Limited to state and local policy requirements

Now – Experience Included

Including lived experience in developing policies and connecting with youth

Developing specialized practice for attorneys and advocates

Future – Youth Led

Youth voice driving system practices

Diversifying leadership roles for lived experience folks within systems

Advocacy and representation practices that center youth and family voice

Lessons learned

Constant communication is necessary

Clear protocols improve services

You may never have perfect data

Trauma looks
like delinquency,
but don't
dismiss
possibility and
resiliency

Ongoing needs

Listening

- Dual Status
 youth feel that
 they are not
 heard
- Use motivational interviewing and notice the little things
- Understand other advocates, cases

Visiting

- Go see young people in placements.
 Often
- Involve youth in their own decision making
- Be honest

Supporting

- Beyond mentorship – long term supportive adults
- Engaging with families is necessary
- Activities that support normalcy

Developing

- More home based placements are needed
- Longer term supports once youth age out still needed
- Better safety net for young adults





My why...

QUESTIONS? INSIGHTS?

CONTACT INFORMATION

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Kelly.opot@harriscountyyc.org